



# February

2019

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday  |
|--|---|--|---|---|---|
|  |   |  |   | 1<br>2:30pm<br>Movie and nibbles  | 2   |
| 4<br>3pm<br>Paul Rotherer<br>Plays his keyboard        | 5<br>3pm<br>Yvette<br>Chair exercises               | 6<br>2:30pm<br>Mini bus trip                         | 7<br>3pm<br>Residents tea party                                   | 8<br>3pm<br>Skittles with<br>Nick   | 9   |
| 11<br>2:30pm<br>Bingo<br>With Amy                      | 12<br>3pm<br>Jodie Shemmans<br>Sings and entertains | 13<br>3pm<br>Ballroom Dancing<br>With Emma & Rares   | 14<br>3pm<br>Two in Accord  | 15<br>3pm<br>Alexis<br>Sings  | 16  |
| 18<br>3pm<br>Zoe<br>Interactive activity<br>session    | 19  | 20<br>2:30pm<br>Sarah Povey<br>Sings with her guitar | 21<br>2:30pm<br>Nigel<br>Sings and entertains                     | 22<br>3pm<br>Sheila Colby<br>Paraguayan harp player                                   | 23<br>3pm<br>John Beever<br>With his piano and Sax                                    |
| 25<br>3:30pm<br>Angela<br>Therapeutic music<br>session | 26<br>3pm<br>Frances Benham<br>Plays her flute      | 27<br>3pm<br>Yvette<br>Chair exercises               | 28<br>3pm<br>Creative talks<br>'the magical world of<br>musicals' |  |  |

ANY ACTIVITIES/ ENTERTAINMENT HIGHLIGHTED IN PINK WILL  
TAKE PLACE IN THE ACTIVITIES SUITE  
ALL ACTIVITIES/ ENTERTAINMENT NOT HIGHLIGHTED WILL TAKE  
PLACE IN THE AMBERLEY LOUNGE